

THE JOHN WERNHAM COLLEGE OF CLASSICAL OSTEOPATHY

(Registered Charity No. 1061244)

Founder & Former Principal: JOHN WERNHAM DO FCO FICO
30 TONBRIDGE ROAD, MAIDSTONE, KENT ME16 8RT

CLINIC TEL: 01622 752375 BOOKS: TEL: 01622 765055 FAX: 0870 063 5474

e-mail: mail@jwcco.org.uk www.: jwcco.org.uk



BOOK LIST 2007

Osteopathy – Research and Practice

A. T. Still

544 pages

Price £25 36€

Contents:

Osteopathic Fundamentals–Region of the Head–Region of the Throat and Neck–Thoracic Region–Abdominal Region–Region above the Diaphragm–Region Below the Diaphragm–Obstetrics: Operating with Infants and Children–Spinal Region–Contagious Diseases and Fevers–Miscellaneous Subjects–Osteopathy and the Solidity of Its Foundation–Life–A Final Exhortation

Classical Osteopathy

393 pages

Illustrated

Price £40 60€

Contents:

- The Prophylactic and Curative Value of the Science of Osteopathy* Dr J Martin Littlejohn
Extract from A. T. Still Research Institute Bulletin no 1, August 1910
Spinal Technique
- The Basic Principles of Osteopathy* Dr J Martin Littlejohn
The Physiological and Osteopathic Centres in Spine and Brain
The Great Spinal Centres
- The Technique of A. T. Still* Philip A. Jackson
The A. T. Still Techniques – Illustrated
- The Technique of J. Martin Littlejohn* T. Edward Hall
- The Osteopathic General Treatment* John Kemp
A. Adjustment of Structure
B. Adjust of Functioning
C. Adjustment of the Organism to the Environment
- Applied Mechanics of the Spine and Pelvis* Staff Lecture
Anterior Body Line–The Non-Parallel Lines–The Curved Lines–The Dorso-Lumbar Arch–First Examination of Patient–Posterior and Anterior Curvatures–Recapitulation
- The Mechanical Principles Involved in the Production & Correction of Second Degree Lesion* George V. Webster DO, Carthage N.Y.
- Basic Lines and the Theory of the Tripod Technique* Dr. J. Martin Littlejohn
- Osteopathic Diagnosis* Staff Lecture
Diagnosis of Spinal Curvature–Clinical Tests–Lumbar Lesions–Flexion Lesions–Extension Lesions
Rotation Lesions–Posterior Lower Lumbar Lesions, Principally 4 & 5L–Innominate Lesions–The Differential Diagnosis of either a Posterior Left or Anterior Right Innominate
- Some Observations on the Osteopathic Lesion Concept* Herbert Milne
- The Physiology of the Treatment of the Still Lesion* C. G. Beckwith
Types of Treatment–Soft Tissue Treatment–Articulatory Treatment–Specific Corrective Treatment–General Treatment–Posology–Acute Conditions–Primary Acute Conditions–Complicated Primary Acute Conditions Secondary–Acute Lesions–Sub-Acute Conditions–Summary

Classical Osteopathy (contd)

- A Study in Structural Dynamics* Martin Solit
What is "Normal"-Physical Evolutionary Trends-Normal Structural Dynamics-Treatment by Postural Release-Summary
- Human Posture and the Osteopathic Lesion* J. T. S. Dunham
Changing Conditions-The Untreated Lesion-Some Practical Considerations-In Conclusion
- The Osteopathic Lesion* Carl P. McConnell
Production of the Lesion-Dissection of the Lesion-The Microscopic Examination-The Viscus Effect-The Control-Conclusion
- Osteopathic Studies* Carl P. McConnell
The Ribs-Rib Technique
- Soft Tissue Technique* Carl P. McConnell
- Immediate Effect of Bony Lesions* Louisa Burns
Lesion of the Mandible-Atlas Lesions-Axis Lesions-Third Cervical Lesions-Fourth, Fifth, and Sixth Cervical Lesions-Seventh Cervical-First Thoracic-Second Thoracic-Third Thoracic-Fourth Thoracic-Fifth, Sixth, and Seventh Thoracic-Eighth Thoracic-Ninth and Tenth Thoracic-Eleventh and Twelfth Thoracic-Fist and Second Lumbar-Third Fourth, and Fifth Lumbar-Innominate
- Diagnosis and Treatment of the Lower Dorsal Spine* T. E. Hall & P. A. Jackson
- The Osteopathic Treatment of Diseases of Respiration* Staff Lecture
The General Respiratory Diseases-Specific Treatment-Summary of Treatment of Acute Bronchitis-Chronic Bronchitis-Lobar Pneumonia - Pathology - Symptoms
- The Function of the Diaphragm in Respiration* Dr. J. Martin Littlejohn
- The Osteopathic Treatment of Acute Disease* Staff Lecture
Technique
The Ribs
Theory and Principles of Treatment
Bronchial Asthma: treatment-bronchiectasis-symptoms-physical signs-treatment
Congestion of the Lungs: treatment-active congestion
Broncho-Pneumonia: symptoms-treatment
Emphysema: pathology-symptoms-palliative treatment-general treatment
- Applied Physiology* Dr. J. Martin Littlejohn
- The Eye* Dr. J. Martin Littlejohn
- Iridiagnosis* Staff Lecture
- Occipito-Atlantal Technique* Dr. J. Martin Littlejohn
Details of Technique for Occipito-Atlantal Lesions
- Osteopathic Neck Technique* John Wernham
Articular Integrity
Soft Tissue Techniques
A Significant Point
Extension in the Neck
Diagnosis
The Vertebral Circulation
The Lesions
Sensory Conditions
Rotation Technique in the Neck
Apprehensive
- Littlejohn Technique (Sacro-Iliac)* John Wernham
Classification of Sacro-Iliac Lesions-Technique of Correction
- The Technique of Rib Correction* Dr. J. Martin Littlejohn
A. Anatomical Considerations-B. The Physiology of Rib Movement-Individual Rib Lesions

Classical Osteopathy (contd)

Differential Diagnosis and Osteopathic Treatment of Shoulder Conditions T. Edward Hall
Technique of Manipulation
Shoulder Technique: examination-technique of treatment (general)-technique under anaesthesia
The Knee Joint T. Edward Hall
Correspondence

Fundamentals of Osteopathic Technique

Dr J. Martin Littlejohn

291 pages Illustrated. Price £35 51€

Contents:

Technique of Osteopathy

The Osteopathic Lesion

The Vertebral Processes-The Articular Facets-The Intervertebral Discs-Function of the Discs-The Spine-The Ligaments-Mechanics of the Sacro-Iliac Joint-Nerve Relations of the Sacro-Iliac Joint-The Ribs-The Physiology of Rib Movement-Muscles and Ribs-The Normal Movements of the Spine-Subluxations-The Pathology of Lesions-Technique of Diagnosis-Hard Tissue Palpation-Rib Palpation-Visceral Palpation-Measuremental Methods-Mobility-Secondary Lesions-Compensatory Lesions-The Lumbar Area-The Dorsal Arch-The Cervical Region-Types of Lesion-Vertebral Palpation-Examination of the Patient-Position of the Operator-Group Palpation Palpation of the Different Groups-Dorsal and Lumbar Palpation-Sacral and Coccygeal Palpation-Subluxation-The Tilting Lesion-Approximation of Vertebrae-Lateral Subluxations-Anterior Subluxations-Posterior Subluxations-Occipital Lesions-Technique Adjustment-Etiology of Lesions and of Disease-Structure and Function-Structural Pathology-The Primary Short Lower Extremity-Diagnosis-Palpation-The Somatic Field-The Visceral System

The Sympathetic Nervous System

Pathological Changes in Connection with Lesions-Preparatory and Corrective Treatment

The Grouping of the Centres

The Upper Dorsal Group-The Lower Dorsal Group-Upper Cervical Lesions-Technique of Treatment-Soft Tissue Adjustment-Dorsal Area-Specific Methods of Correction-Lower Dorsal 5-12-The Sacro-Iliac Articulations-The Two-Man Technique

Notes on the Principles of Osteopathy – Centenary Edition

Dr. J. Martin Littlejohn

47 pages Price £10 15€

Contents:

Introduction

The Principles of Osteopathy

Sensory Centres

The Constitution of the Nervous System

Segmentation

The Functional Importance of Segmentation

Diagnostic Bearing

The Principles of Treatment

The Heart and Circulation

Circulation

Respiration

Nutrition

Cisterna Chyli

Specific Points

The Dorsal Region

Sacral Region

Principles of Osteopathy

Dr. J. Martin Littlejohn

72 pages

Price £10 15€

Contents:

The Principles of Osteopathy–Bacteriology–Development of Osteopathy–The Ling System–Rest and Pain–Vitality–Inhibition and Stimulation–The Theory of Circulation–Brain Nutrition and Its Influence–The Internal Secretions–Theory of Relation of Principles to Treatment–Symptomatology–Précis–Lesions–Vital Lesions

The Pathology of the Osteopathic Lesion

Dr. J. Martin Littlejohn

80 pages

Price £12 18€

Contents:

The Pathology of the Osteopathic Lesion

The Articulation Surfaces and Ligaments–Pathology of the Typical Lesion

Osteopathic Pathology

Special Fields–The Lungs–The Heart–Blood Vessels–The Liver–Inflammation of the Bile Passages–The Kidneys–The Stomach–The Intestines–Pathology of the Brain and Spinal Cord–The Brain–The Bones–Thrombus and Embolus–Tuberculosis–The Field of Degenerations–Tumours–The Origins of Cancer

Lesionology

Dr. J. Martin Littlejohn

38 pages

Price £8 12€

Contents:

Lesionology–The Cervical Region–The Dorsal Region–Vertebral Lesion in the Neoplasms–The Tenth Dorsal Region–The Ninth Dorsal Region–Bone Lesions and Infectious Diseases–The Osteopathic Lesion (from McCole’s Guidelines)

The Littlejohn Lectures

Dr. J. Martin Littlejohn

229 pages

Price £30 44€

Contents:

Osteopathy in General

The Body Adjustment

The Nervous Diseases

Encephalitis–Paralysis Agitans–Arterio-Sclerosis–General Paralysis of the Insane–Myaesthesia Gravis–Causes of Nervous Diseases–General Treatment–Epilepsy–Grand Mal–Petit Mal–Jacksonian Type–Mental or Physic–Status Epilepticus–Tetany–Neurosis–Paroxysmal Headache–Neurasthenia–Hysteria–Reynaud’s Disease–Thermal Neurosis–Sterility

Brain Diseases

Meningeal Disturbance–Meningitis–Insomnia–Diseases of the Cerebrum–Oedema of the Brain–Encephalitis–Cerebral Tumours–Hydrocephalus–Cerebral Haemorrhage–Embolism–Aphasia–Vertigo–Alcoholism

Diseases of the Spinal Cord

Hyperaemia of the Cord–Anterior Poliomyelitis–Acute Ascending Myelitis–Syringo-Myelia–Spinal Tumours–Bulbar Paralysis–Spinal Degenerations–Spastic Paraplegia–Paralysis–The Theory of the Lesion in Paralysis–Ataxia–Hereditary Ataxia–Locomotor Ataxia

Diseases of the Nerves

Neuritis–Sciatic Neuritis–Neuralgia

The Spinal Nerves

The Cranial Nerves

First Cranial Nerve–Second Cranial Nerve–Third Cranial Nerve–Fourth Cranial Nerve–Fifth Cranial Nerve–Sixth Cranial Nerve–Seventh Cranial Nerve–Eighth Cranial Nerve–Ninth Cranial Nerve–Tenth Cranial Nerve–Twelfth Cranial Nerve

The Littlejohn Lectures (contd)

Dr. J. Martin Littlejohn

Treatment of Cranial Nerve Conditions

The Phrenic Nerve

Toxicosis

Anti-Toxicity–The Bioplasmic Cell–Dynamization on the Bioplasmic Plane–The Pathology of Toxicosis

Tumours

The Tumour–A Case Report–Diet in Tumours–The Treatment of Cancerous Conditions

Acidity

Dyspepsia

Dietetics

Flatulence

The Lymphatics

The Cerebro–Spinal Fluid

Applied Anatomy

68 pages

Illustrated

Price £18 26€

Dr J. Martin Littlejohn

Contents:

Applied Anatomy

Mechanics of the Spine

The Arches of the Spine

The Third Arch

The Fourth Arch

The Function of the Arches

Posture and Examination

Examination of the Spine

The Spinal Nerves

The Cervical Spine

The Sympathetic Nervous System

Middle Cervical Ganglion

The Inferior Cervical Ganglion

The Dorsal Sympathetic Ganglia

The Constitution of the S.N.S.

The 5th Cranial Nerve

The 10th Cranial Nerve

Great Sciatic Nerve

The Chain

The Plexuses

Dorsal Part of Ganglionated Cord

Lumbar Part of Sympathetic Chain

Pelvic Part of Ganglionated Cord

Sympathetic Plexuses

Sub-Divisions of the Pelvic Plexus

Centres in the Spine and Brain

The Great Spinal Centres

The Contribution of John Martin Littlejohn to Osteopathy (Out of Print -expected Sept 07)

T. Edward Hall & John Wernham

86 pages

Price £12 18€

Contents

Part One I – 1892–1913

Osteopathy – A New View of the Science of Therapeutics

Address Delivered Before the Society of Science, London, July 17th, 1900, by
Dr. J. Martin Littlejohn, Phd, Lld, DO

Part Two–Foreword

John Wernham

Osteopathy in Great Britain

The Parliamentary Bill

The Progress and Future of Osteopathy

J. M. Littlejohn

The Osteopathic Ball

Osteopathy–A Biological Science

J. M. Littlejohn

Ave atque vale

T. Edward Hall

Osteopathic “Centres”

Dr J. Martin Littlejohn

Lectures on Osteopathy Volume I

John Wernham

154 pages

Price £25 36€

“He Would Never Argue”

The Osteopathic Lesion Theory

The Cranial-Sacral Mechanism–Summary–The Heart Mechanism–A Case Report–The Final Report
The Second Dorsal Lesion

Osteopathic Philosophy

Osteopathic Mechanics

The Art and Science of Osteopathy

The Articular Mechanics of the Spine

The Vertebral Column–2nd Cervical Vertebra–7th Cervical Vertebra–1st Dorsal Vertebra–3rd, 4th, 5th,
6th, and 8th Dorsal Vertebrae–9th Dorsal Vertebra–10th Dorsal Vertebra–11th Dorsal Vertebra–12th
Dorsal Vertebra–The Lumbar Area–The Sacrum–Mechanics of the Sacro-Iliac Joint–Articular
Planes in the Spine–The Physiological Movements of the Spine–The Flexible Rod–The Axis of
Rotation–Easy Flexion Sidebending Rotation Lesions–Extension Rotation Sidebending Lesions

“You Can Not Adjust the Abnormal to the Normal”

Body Adjustment

Fragmentation

The Institute Lecture 1992

Toxicosis: Bioplasm & Protoplasm

Technique and Performance

Notes on Stress lines–Double Identity

Tricks and Clicks

The Sacro-Iliac Articulation

Mechanics of the Sacrum–Notes on the Sacro-Iliac Joint

The Cerebro-Spinal Fluid

What Osteopathy Means To Me

Specific Treatment

Posture and Gravity Line Effects on the Body

The Principles of Technique and Practice of Classical Osteopathy

Osteopathy in Great Britain – A Personal Record

Lectures on Osteopathy Volume II

170 pages

Illustrated

Price £25 44€

John Wernham

Contents

Why Body Adjustment?

The Vagus Nerve-Peripheral Resistance-the Depressor Nerve

A Nexus of Rhythms

The Cosmic Dance-Attractors-Chaos-Harmony-Routine-The World Rhythm

The Meaning of Integration

Action and Reaction-The Sacro-Iliac Joint

Cranial Technique

Bedside Treatment

The Theory of Osteopathic Treatment

Diseases of the Excretory System

Hyperaemia of the Kidney-Uraemia-Acetone Uraemia-Nephrolithiasis-Hydronephrosis-Floating

Kidney-Renal Degeneration-Inflammation of the Kidney(Nephritis)-Exudative Nephritis-

Diffusive Nephritis-The Small White Kidney-Pyelitic or Suppurative Nephritis

Goitre

What is Osteopathy?

Vasomotion

Cardiac Arrhythmia

Acute Diseases

Pneumonia

Principles of Osteopathy

The Constitutional Diseases

Rheumatism-Rheumatic Arthritis-Treatment for Chronic Rheumatism-Arthritis Deformans

Migraine

History of Osteopathy

Research Papers A Trilogy

16 pages

Price £8 12€

John Wernham

Contents:

Action and Reaction - The Meaning of Integration - Cranial Technique

Osteopathy - Notes on the Technique and Practice

116 pages

Illustrated

Price £12 17€

Edited by John Wernham

Contents:

The Physiological Movements of the Spine

Osteopathic Diagnosis

Osteopathic Treatment of the Knee Joint

The Sacro-Iliac Articulation

Analysis of Side-Lying Technique

Disease of the Veins

Haemorrhoids

The Abdominal Cavity

Osteopathic Neck Technique

The Fevers

Osteopathic Therapeutics

Osteopathy – An Historical and Autobiographical Account

John Wernham

170 pages

Illustrated

Price £12 ~~17€~~

Contents:

Foreword
Introduction
The Prologue
School and Fleet Street
Temple Bar
Cycling
Badger Hall
The Parliamentary Bill
The Professor Goes to War
East Africa
The Maidstone Experiment
The Mechanics of Movement in the Spine and Pelvis
The Missing Cake
The Family Album
The Text for Littlejohn Day 1994
The Ashford Clinic

The Life and Times of John Martin Littlejohn

John Wernham

138 pages

Illustrated

Price £25 ~~36€~~

Contents:

Introduction
Analysis of Genius
Prelude – The Covenanters
The Littlejohn Family
Graduation Day 1898
Chicago
Badger Hall
Epilogue
Ave Atque Vale
Osteopathy in Great Britain
The Record
Cancer –The Fundamental Physiological Principles Underlying this Abnormal Growth and Its Development
Case Reports
Postscript
Graduation Speech 1992

The Pelvis – Illustrated Research Papers

John Wernham & Mervyn Waldman

16 pages

Price £8 ~~12€~~

Contents:

The Two-Man Technique J. M. Littlejohn
Correction to the Innominate
The Four-Man Technique
The Left Leg Tug

An Illustrated Manual of Osteopathic Technique

John Wernham & Mervyn Waldman

Volume I

298 pages

Price £40 58€

Contents:

<i>Body Adjustment</i>	
<i>Lumbar and Pelvic Technique</i>	John Wernham
<i>Side-Lying Technique for Pelvic and Lumbar Adjustment</i>	
<i>Technique for Pelvic Correction</i>	
<i>Sacro-Iliac Technique in the Astride Position</i>	
<i>Treatment of Lumbar Scoliosis</i>	
<i>Mechanics of Lesion Diagnosis in the Pelvis</i>	T. E. Hall
<i>Side-Lying Technique</i>	
<i>Astride Technique for Lumbar Correction</i>	
<i>Two-Man Technique</i>	T. E. Hall
<i>Two-Man Technique – Illustration</i>	
<i>Principles of Manual Treatment – The Low Back Problem</i>	W. A. Schwab
<i>The Chicago Technique – Illustrated</i>	
<i>Perineal Inhibition</i>	
<i>Abdominal Technique</i>	
<i>Upper and Mid-Dorsal Technique</i>	
<i>Upper Dorsal Technique</i>	
<i>Upper Cervical Traction Technique</i>	
<i>Anterior Cervical Technique</i>	
<i>Anterior Cervical Treatment</i>	
<i>Miscellaneous Neck Technique</i>	
<i>The Knee-Fulcrum</i>	
<i>Adjustive Sidebending</i>	
<i>Adjustment of the Cervico-Dorsal Junction</i>	
<i>Treatment for 2nd Degree Dorsal Lesions</i>	
<i>Miscellaneous Techniques – Illustrated</i>	
<i>Lumbar and Pelvic Technique</i>	
<i>Rib Technique</i>	
<i>Inhibition and Stimulation</i>	
<i>The Osteopathic Lesion</i>	
<i>Note on the Two-Man Technique</i>	
<i>Miscellaneous Techniques– Illustrated</i>	
<i>Bedside Technique</i>	
<i>Antero-Posterior Articulation of Dorsal Spine</i>	
<i>The Mechanics of Movement in the Spine and Pelvis</i>	
<i>The Tension Lines and Triangles of Force</i>	
<i>Miscellaneous Techniques – Illustrated</i>	
<i>Rib Techniques– Illustrated</i>	
<i>Long Lever Techniques</i>	
<i>Perineal Technique</i>	
<i>The Liver Pump</i>	
<i>Miscellaneous Techniques – Illustrated</i>	
<i>Shoulder Technique</i>	
<i>Treatment for the Elbow</i>	
<i>Radio and Carpal Joints</i>	
<i>The Acromio-Clavicular Joint</i>	

An Illustrated Manual of Osteopathic Technique Vol I (contd) Wernham & Waldman

The Gleno–Humeral Articulation

Elbow and Shoulder Joints

The Knee Joint

Foot Technique

Treatment for the Face and Head

The Temporo–Mandibular Joint – Illustrated

The Treatment of Infants – Illustrated

A Case of Talipes Equinus Varus

Body Adjustment

Correction of Extension–Rotation–Sidebending Lesion at 4D

Correction of Mid–Dorsal Extension Lesion

Cervical Technique

Diagnosis and Technique

T. E. Hall

The Dorsal Technique

The ‘Webster’ Technique

An Illustrated Manual of Osteopathic Technique Vol II John Wernham & Mervyn Waldman
Price £40 58€

Contents:

A. T. Still Techniques – Illustrated

Circumduction

Littlejohn Technique

The Treatment of Acute Diseases (Bedside Technique)

Push and Pull’ Movement: Correction of Group Curve

Cervical Technique

Role of the Thumb in Cervical Technique

The Neutral Point

Occipital–Atlantal Technique

Basis for Symptoms (Schwab)

Correction for the Displaced Knee Cartilage

The Elbow Joint

Pelvic Correction

Skeletal Technique

Positional Foot Technique

The Foot

Limb and Trunk Leverages

Miscellaneous Techniques

‘The Lesion’ – Fryette

Pelvic Innervation

At the Bedside

Osteopathic Obstetrics

The Descent of the Foetal Head

The Mechanics and Conditions for Treatment of 8–12D

Applied Mechanics of the Spine and Pelvis

‘Quotation’ from A. T. Still

Diagnosis and Technique

Mechanics of the Spine

Mechanics of Intersegmental Movement

An Illustrated Manual of Osteopathic Technique Vol II (contd) Wernham & Waldman

The Centres of Oscillation
The Mechanics of Rib Technique
The Cranio–Sacral Mechanism
The Cerebro–Spinal Fluid
Specific Treatment
The High Stool
The Osteopathic Lesion
Soft Tissue Technique
Immediate Effect of Bony Lesions
The Osteopathic Treatment of Diseases of Respiration
A History of Osteopathy
Mechanics of Spinal Joints

A Littlejohn Companion

T. Norminton

98 pages

Price £8 12€

Contents:

J. M. Littlejohn – A Biographical Note.

Index to the Fundamentals of Osteopathic Technique (J. M. Littlejohn) and the Manuals of Technique, Volumes I and II (John Wernham and Mervyn Waldman)

Body Mechanics in Health and Disease

J. E. Goldthwait

215 pages

Illustrated

Price £35 58€

Contents:

The Problem of Chronic Medicine

Body Types

The Intermediate Type–Slender and Stocky Types–Differentiation of Types–Postural Differences–Differences in Physiologic Processes–susceptibility to Disease–Anatomic and Functional Features

Body Mechanics

General Considerations–The Bones–The Chest–The Diaphragm–The Abdominal Viscera

Developmental Deformities

The Head–The Thorax–The Spine–The Extremities

Backache and Other Spinal Strains

Backache–Other Spinal Strains

The Circulatory System

The Heart and Diaphragm–The Vascular System

Angina Pectoris and Postural Emphysema Related to Obesity William J. Kerr FACP

Diseases of the Abdominal Viscera

Position of the Organs and Vessels–The Diaphragm–The Liver–The Pancreas–The Spleen–The Stomach–The Duodenum–The Small Intestine–The Caecum–The Kidneys–The Pelvis

Illustrative Cases with Visceral Disturbances

Case 1–Apparent Diabetes Mellitus in a Child. Case 2–Diabetes Mellitus in an Elderly Woman with Gangrene of the Foot. Case 3–Cyclic Vomiting, Congenital Visceroptosis, Imperfect Poise, Malnutrition. Case 4–Abdominal Pain, Floating Kidney, Appendicitis, Postoperative Adhesions, Backache, Congenital Visceroptosis. Case 5–Chronic Backache, Visceroptosis, Gastric Ulcer, Gall Bladder Disease. Case 6–Chronic Backache, Myocarditis, Hypothyroidism, Subnormal Temperature, Visceroptosis. Case 7–Chronic Backache, Intercostal Neuralgia, Gastric Ulcer, Extreme Visceroptosis, Malnutrition, Carcinoma, Peripheral Circulatory Disturbances.

Diseases of the Nervous System

Changes in Structure–Circulatory Disturbance–Venous Drainage–Divisions of the Nervous System–Vegetative Nervous System–Illustrative Cases: Multiple Sclerosis with Extreme Disability,

Body Mechanics in Health and Disease (contd)

J. E. Goldthwait

Multiple Sclerosis with Diplopia; Very Faulty Body Mechanics, Multiple Sclerosis and Faulty Body Mechanics With Slowly Increasing Disability, Muscular Atrophy

Chronic Arthritis

Causes–Treatment–Atrophic (Rheumatoid, Proliferative) Arthritis–Hypertrophic Arthritis–Illustrative Cases: *Atrophic Arthritis, Still's Disease; Atrophic Arthritis in Childhood, Atrophic Arthritis with Psoriasis, Atrophic Arthritis with Subcoracoid Bursitis, Hypertrophic Arthritis of Spine, Hips, and Knees, with Visceroptosis, Osteitis Deformans (Paget's Disease), Osteitis Deformans*

Treatment

General Considerations–Supports and Braces–Muscle Re–Education–Exercises

The Foot

General Consideration–Shoes–Exercises

Public Health Aspects of Body Mechanics

A Review of Spinal Mechanics

Chris Campbell

74 pages

Illustrated

Price £12 17€

Contents:

Summary of Basic Mechanics

Body Mechanics

Introduction–The Centre of Gravity–Gravity and the Internal Bodily Forces–The Structure of the Spine–The Cervical Vertebrae–The Dorsal Vertebrae–The Lumbar Vertebrae–The Functional Arches–The Physiological Arches–The Mechanics of the Spine–Concluding Remarks

The Centres of Oscillation

The Function of the Centres of Oscillation

The Physiological Arches

Appendix I.A *Main Muscles Affecting the Cervical Vertebrae*

Appendix I.B *Main Muscles Affecting the Dorsal Vertebrae*

Appendix 2. *Further Note on the Centres of Oscillation*

Appendix 3.A *Head's and Hilton's Laws*

Bibliography

Vaso–Motor Centres (chart); Sensory Centres (chart); Motor Centres (chart); Collective Centres (chart)

Applied Anatomy

Dr Marion Clark

640 pages

Illustrated

Price £40 60€

Contents

Preface–introduction–the atlas–the axis–third cervical–the fourth cervical–the fifth cervical–the sixth cervical–the seventh cervical–the region of the neck–the thoracic vertebrae–the first thoracic–the second thoracic–the third thoracic–the fourth thoracic–the fifth thoracic–the sixth thoracic–the seventh thoracic–the eighth thoracic–the ninth thoracic–the tenth thoracic–the eleventh thoracic–the twelfth thoracic–the first lumbar–the second lumbar–the third lumbar–the fourth lumbar–the fifth lumbar–the innominate–the sacrum– the back as a region–the spinal cord–the ribs–the first rib–the second rib–the third rib–the fourth rib–the fifth rib–the sixth rib–the seventh rib–the eighth rib–the ninth rib–the tenth rib–the eleventh rib–the twelfth rib–the thorax–movements of the ribs–the abdomen–the temporo-maxillary articulation–the hyoid bone–the sterno-clavicular articulation–the acromio-clavicular–the shoulder joint–the elbow–the wrist–the hand–the upper extremity as a region–the hip joint–the knee joint–the ankle–the lower extremity as a region–the cranial nerves–the olfactory–the optic nerve–the third–the fourth–the fifth–the sixth–the seventh– the eighth–the ninth–the tenth–the spinal accessory–the hypoglossus–the brain–the medulla oblongata–cerebellum–the eye–the ear–the nose–the mouth–the pharynx–the larynx–thyroid gland–the trachea–the bronchi–the lungs–the heart–the stomach–the liver–the pancreas–the spleen–the small intestine–the large intestine–the kidneys–the bladder–the supra–renal capsules–the ovaries–the testes–the spermatic cord–the vesicle seminalis–the prostate gland–the uterus–the external genitalia–the mammae

Essay on Osteopathy

44Pages

Jocelyn Proby MA DO MRO

Price £3 4€

Béchamp –an Appreciation

(L'Oeuvre de Béchamp by Dr. Hector Grasset, translated by Jocelyn Proby MA, BLitt(Oxon) DO, MRO

120 pages

Price £8 12€

Contents:

Historical Background
Early Researches–Fermentation and Antiseptis
The Discovery of Microzymes
The Silk Worm Controversy
Development of the Microzymian Theory
Religious Controversies and Quarrel with Pasteur
Eclipse and Old Age
Summary and Appraisal of Béchamp's work

A Review of Spinal Mechanics

74 pages

Illustrated

Chris Campbell

Price £12 17€

Contents:

Summary of Basic Mechanics
Body Mechanics
Introduction–The Centre of Gravity–Gravity and the Internal Bodily Forces–The Structure of the Spine–The Cervical Vertebrae–The Dorsal Vertebrae–The Lumbar Vertebrae–The Functional Arches–The Physiological Arches–The Mechanics of the Spine–Concluding Remarks
The Centres of Oscillation
The Function of the Centres of Oscillation
The Physiological Arches
Appendix I.A Main Muscles Affecting the Cervical Vertebrae
Appendix I.B Main Muscles Affecting the Dorsal Vertebrae
Appendix 2. Further Note on the Centres of Oscillation
Appendix 3.A Head's and Hilton's Laws
Bibliography
Vaso–Motor Centres (chart); Sensory Centres (chart); Motor Centres (chart); Collective Centres (chart)

Year Book 1956

First Issue of the Year Book Dedicated to the Memory of Dr. John Martin Littlejohn

80 pages

Illustrated

Price £12 17€

Contents:

<i>Theory of Osteopathy</i>	Jocelyn Proby
<i>Development of the Spine</i>	J. M. Littlejohn
<i>Mechanics of the Spine (very good diagrams)</i>	John Wernham
<i>Diagnosis and Treatment of the Low Back</i>	T. E. Hall
<i>Pelvic Technique (good illustrations)</i>	Philip Jackson
<i>Physiological Movement of the Spine (good illustrations)</i>	T. E. Hall
<i>Mackinnon Technique</i>	J. Proby
<i>Destiny of Osteopathy</i>	H. H. Fryette

Year Book 1957

110 pages

Price £10 15€

Contents:

<i>Introduction to Dr. A. T. Still's "Research & Practice"</i>	Jocelyn Proby
<i>The Vaso-Motor System</i>	J. Martin Littlejohn
<i>Introduction to Cranial Technique</i>	Helen Emilie Jackson
<i>The Articular Mechanics of the Spine</i>	John Wernham
<i>Mechanics of Lesion Diagnosis in the Pelvis</i>	T. Edward Hall
<i>Lumbar and Pelvic Technique</i>	John Wernham
<i>Two-Man Technique</i>	T. Edward Hall
<i>The Osteopathic Treatment of Children</i>	Muriel Dunning
<i>Trends in Modern Medicine</i>	I. H. Mills

Year Book 1958

80 pages

Illustrated

Price £10 15€

Contents:

<i>Sacro-Iliac Propositions</i>	Jocelyn Proby
<i>The Problem of Migraine</i>	Nevil Leyton
<i>An Osteopathic Approach to the Problem of Migraine</i>	Peter Stanley
<i>The Use and Abuse of Spinal Traction</i>	Donald Turner
<i>An Osteopathic Approach to Acute Bronchitis</i>	Willis Haycock
<i>Treatment of the Anterior Cervical Region</i>	Edwin Miller
<i>The Problem of the Leg Deficiency Syndrome</i>	Parnell Bradbury
<i>The Short Leg Problem</i>	Philip Jackson
<i>Summary of Debate on the Primary Short Leg</i>	
<i>The Osteopathic Lesion</i>	Carl Cook
<i>Some Aspects & Problems of Quality Food Production from our Farms</i>	T. Everard Hosking

Year Book 1966 (Out of Print- expected Sept 07)

94 pages

Price £10 15€

Contents:

<i>Applied Physiology</i>	J. M. Littlejohn
<i>Lumbar Technique</i>	John Wernham
<i>The Osteopathic Treatment of Rheumatoid Arthritis</i>	Normund Cram
<i>Palliative Treatment</i>	John Wernham
<i>The Fevers</i>	J. M. Littlejohn
<i>The Intervertebral Disc</i>	Staff Lecture
<i>Dietetics</i>	T. G. Dummer
<i>The Treatment of Acute Disease (Bedside Technique)</i>	Staff Lecture
<i>The Elbow Joint</i>	John Wernham
<i>The Osteopathic Treatment of the Foot</i>	Case Report
<i>The Examination & Treatment of the Sacro-Iliac Joints</i>	A Symposium
<i>Osteopathy-A Biological Science</i>	J. M. Littlejohn
<i>Biological Adaptation</i>	Herbert Milne
<i>Studies in Osteopathic Pathology</i>	Carl P. McConnell
<i>Positional & Motile Lesions: Their Morphological Significance</i>	Parnell Bradbury
<i>What is wrong with Osteopathy?</i>	A Discussion
<i>Can Osteopathy Survive?</i>	A. Alan Kerr

Year Book 1985 (Out of Print-expected Sept 07)

94 pages

Illustrated

Price £10 15€

Contents:

<i>The Theory of Osteopathy</i>	Jocelyn Proby
<i>The Development of the Spine</i>	J. M. Littlejohn
<i>Mechanics of the Spine</i>	S. G. J. Wernham
<i>Diagnosis and Treatment of the Low Back</i>	T. E. Hall
<i>Pelvic Technique</i>	A. Jackson
<i>The Physiological Movements of the Spine</i>	T. E. Hall
<i>The Vaso-Motor System</i>	J. M. Littlejohn
<i>Occipito-Atlantal Technique</i>	J. M. Littlejohn
<i>The Occipito-Atlantal Articulation</i>	T. E. Hall
<i>Psoas Fibrositis</i>	S. G. J. Wernham
<i>A Case Report</i>	
<i>Osteopathic Bedside Treatment</i>	
<i>The Fevers</i>	J. M. Littlejohn

The Maidstone College Year Book 1985 A Tribute to T. E. Hall

80 pages

Illustrated

Price £10 15€

Contents:

<i>The Maidstone Osteopathic Clinic (history)</i>	
<i>Body Adjustment</i>	J. Wernham
<i>Art and Science – A Point of Balance</i>	Kevin Dew
<i>How a Patient is Examined</i>	
<i>Mechanics in Osteopathy</i>	Tom Cullen
<i>A Definition</i>	Sandy Milne
<i>Diagnosis and Treatment of Psoas Muscle Conditions</i>	T. E. Hall
<i>The Philosopher's Stone</i>	C. Campbell
<i>Motion and Locomotion</i>	J. Wernham

Year Book 1988

80 pages

Illustrated

Price £10 15€

Contents:

<i>The Art and Science of Osteopathy</i>	J. Wernham
<i>General Foot Conditions</i>	Staff Lecture
<i>The Adjustment of Mechanical Disorders of the Foot</i>	Staff Lecture
<i>The Foot</i>	J. M. Littlejohn
Examination of the foot-Heel pain-Symptoms of foot trouble-Ingrowing toenail- Callus-Leg & ankle pain-Bunions-Spinal lesions & the foot-Fallen & broken arches-Sprained ankle-General weakness of the foot-Bursal changes-Correction/treatment-Inversion of the ankle- Hammer toe-Bunions-Morton's toe-Concluding remarks	

Year Book 2000

110 pages

Price £18 26€

Contents:

<i>The Science of Osteopathy</i>	J. M. Littlejohn
<i>Osteopathic Diagnosis</i>	C. Hazzard
<i>Osteopathic Treatment in the Constitutional Diseases</i>	J. M. Littlejohn
<i>The Progress and Future of Osteopathy</i>	J. M. Littlejohn

Year Book 2000 (contd)

<i>The Ribs</i>	T. E. Hall
<i>Human Posture and the Osteopathic Lesion</i>	J. T. S. Dunham
<i>The Meaning of Integration</i>	John Wernham
<i>“What Osteopathy Means to Me”</i>	John Wernham

Year Book 2001 (Out of Print expected Sept 07)

96 pages Illustrated Price £20 29€

Contents:

<i>Osteopathy</i>	<i>as explained by The Encyclopaedia Americana</i>
<i>Childhood Illness</i>	John Wernham
<i>Bacteriology</i>	John Wernham
<i>The Osteopathic Treatment of Acute Disease in Infants & Children (illustrations)</i>	Mervyn Waldman
<i>Cranial Technique</i>	John Wernham
<i>The Patho-Physiology of Bronchitis</i>	Christopher Batten
<i>Measles</i>	John Wernham
<i>The Development of the Spinal Curves</i>	Henry Lee

The Pelvis – Technique and Diagnosis

Compiled & Edited by Russell J. White

160 pages

Price £20 29€

Contents:

<i>The Pelvis</i>	Douglas Mann
<i>Sacro-Iliac Propositions</i>	J. C. P. Proby
<i>An Investigation into Pelvic Mechanics</i>	T. P. Ringland
<i>MacKinnon Technique</i>	J. C. P. Proby
<i>Pelvic Technique</i>	P. Jackson
<i>Mechanics of Lesion Diagnosis in the Pelvis</i>	T. E. Hall
<i>Littlejohn Technique (Sacro-Iliac)</i>	J. Wernham
<i>The Integrity of the Pelvic Girdle</i>	J. C. P. Proby
<i>The Problem of the Pelvis</i>	J. Wernham
<i>The Sacro-Iliac Articulation</i>	J. Wernham
<i>The Sacral Base Plane</i>	P. Jackson
<i>Diagnosis & Treatment of "Short Leg"</i>	T. E. Hall
<i>Examination & Treatment of the Sacro-Iliac Joints</i>	A Symposium

The Extremities – Technique and Diagnosis

Compiled & Edited by Russell J. White

116 pages

Price £18 26€

Contents:

<i>The Lower Extremities (The 'Short Leg')</i>	John Wernham
<i>The Knee Joint</i>	T. E. Hall
<i>The Knee Joint</i>	John Wernham
<i>The Knee</i>	T. E. Hall
<i>Examination and Treatment of the Foot</i>	J. M. Littlejohn
<i>The Foot</i>	T. E. Hall
<i>Osteopathic Treatment of the Foot</i>	John Wernham
<i>Differential Diagnosis & Osteopathic Treatment of the Shoulder</i>	T. E. Hall
<i>The 'Frozen Shoulder'</i>	T. E. Hall
<i>The Elbow & Forearm</i>	T. P. Ringland
<i>The Elbow</i>	T. E. Hall
<i>The Elbow Joint</i>	John Wernham

T. E. Hall – Technique and Diagnosis

120 pages

Illustrated

Price £20 29€

Compiled & Edited by Russell J. White

Contents:

Physiological Movements of the Spine
Mechanics of Lesion Diagnosis in the Pelvis
Diagnosis and Treatment of Psoas Muscle Conditions
Diagnosis and Treatment of the Low Back
Two-Man Technique
Diagnosis and Treatment of the Lower Dorsal Spine (with P.A. Jackson)
The Occipito-Atlantal Articulation
The Elbow
The Shoulder
The Knee
The Foot

Osteopathy-Principles and Practice-Volume I-Jocelyn Proby MA BLitt(Oxon) DO(Kirksville)

Dedicated to the Memory of Jocelyn Proby

Compiled & Edited by Russell J. White

124 pages

Price £18 26€

Contents:

Science and the Arts of Healing
Essay on Osteopathy
Sacro-Iliac Propositions
Theory of Osteopathy
The Integrity of the Pelvic Girdle
Some thoughts on the Problem of Immunity
Diagnosis and Treatment of Clavicular Lesions
Fashions and Fundamentals

Osteopathy-Principles and Practice-Volume II-Willis Haycock DO

Compiled & Edited by Russell J. White

152 pages

Price £18 26€

Contents:

The John Martin Littlejohn Memorial Lecture 1955
Osteopathic Research
Functional Technique
The Role of the Osteopathic Lesion in the Disease Process
Osteopathy and the Problem of Stress
The Place of Osteopathy in Therapeutics
An Osteopathic Approach to Acute Bronchitis
Stimulation & Inhibition
The Osteopathic Lesion and Body Unity, in relation to Diagnosis, prophylaxis and Therapeutics
The Value of Clinical Experience to an Osteopath

Selected Writings of Carl Philip McConnell DO

151 pages

Price £15 22€

Contents:

Forward by Anne Wales DO
Introduction
Acknowledgments

Selected Writings of Carl Philip McConnell DO (contd)

Andrew Taylor Still

- A Glimpse of Dr. Still's Art (1917)
- Some Personal Traits of Dr. Still (1918)

Osteopathic Principles

- The Osteopathic Concept of Etiology (1929)
- The Trained Tactual Sense, (1930)
- Significance of Principles (1917)
- Osteopathic Art I-VI (1934-35)
- The Osteopathic Approach (1938)

Osteopathic Technique

- Osteopathic Studies (1931-32)
 - I. The Biological Unit
 - II. The Osteopathic Lesion
 - III. Types of Lesions of the Spine
 - IV. Adjustment of Lesions
 - V. The Cervical Spine and Ribs
 - VI. Soft Tissue Technic Integration
- Technique of Treatment (1904)
- The Basis of Technic (1933)
- Four Essentials of Technique (1920).
- The Standardization of Technique (1915)

The Ventral Side

- The Diaphragm (1928)
- Diaphragm Doming (1923)
- The Bronchial Tubes and Lungs (1920)
- Osteopathic Lesions of the Heart (1919)
- Non-spinal Osteopathic Lesions, I-VII (1934-35)
- Treatment of the Liver (1920)
- Manipulative Treatment of the Kidney (1929)
- Prolapsed Organs (1905)
- Direct Treatment of the Abdomen (1923)

Miscellaneous Topics

- Certain Factors in the Treatment of Children (1934)
- Fundamental Fragments (1939-40)
 - I. Circulation
 - II. Relatedness
 - III. Emergence
 - IV. Fascia
 - V. Concepts

Appendices

- Appendix A: Early History of the American School of Osteopathy (1904)
- Appendix B: Case Reports (1904-09)
- Appendix C: Tributes

Applied Anatomy of the Lymphatics

278 pages

Illustrated

Price £14 21€

F. P. Millard DO

Contents:

- The Lymphatic System: A General Outline of its Applied Anatomy*
- Applied Anatomy of the Lymphatics of the Head & Neck*
- Applied Anatomy of the Lymphatics of the Head and Neck in Relation to Acute Poliomyelitis*
- Lymphatics of the Thorax*

Applied Anatomy of the Lymphatics (contd)

Lymphatics of the Abdominal and Pelvic Regions

Vaccines and Serums

The Origin and Functions of the Lymphatic System

Blood Chemistry

The Effects of Exercise on the Lymphatics

Lymphatic Glands of the Neck

The Lymphatics of the Chest

Lymphatics of the Eye, Ear, Nose & Throat

Lymphatics of the Eye and Ear

Lymphatic Drainage of the Head & Neck

Finger Surgery in the Treatment of the Lymphatics of the Eye, Ear, Nose, & Throat

A Consideration of the Lymphatics of the Eye, Ear, Nose & Throat in Health & Disease

The Relation of the Lymphatics to Infections and to Malignancy

F. P. Millard DO

Edwin Martin Downing DO

R. M. Ashley DO

Evelyn R. Bush DO

H. L. Collins DO

C. Paul Snyder DO

C. C. Reid DO

Glenn S. Moore DO

J. Deason MS, DO

James D. Edwards DO MD

John F. Bailey DO

Geo. M. Laughlin MS DO

CHART of the Osteopathic Centres and of the Somatic and Autonomic Nervous Systems

Dr. J. M. Littlejohn

Laminated

Price £5 8€

Mechanics Charts

Laminated

Price £3 5€ each OR £8 12€ set of 3

Videos

The Technique & Philosophy of John Wernham DO FCO FICO

£50 73€

Applied Osteopathic Therapeutics John Wernham DO FCO FICO

£25 36€